

HOME LEARNING

Year 8

Work 1

Fruit biscuits

Equipment you will need: scales, mixing bowl, 2 x metal plates, wooden spoon, palette knife, sharp knife, chopping board, baking tray, cooling rack

Ingredients:

170g Plain flour – metal plate

110g margarine – mixing bowl

60g caster sugar – mixing bowl

25g sultanas chopped – metal plate 2

25g glace cherries chopped – metal plate 2

Method

- 1 Preheat oven to 190oC gas mark 5.
- 2 Chop sultanas and cherries.
- 3 Cream together the butter and sugar.
- 4 Add the flour, mix gently.
- 5 Add the cherries and sultanas. Do not over mix.
- 6 Turn out onto flour surface.
- 7 Roll into an oblong shape and cut into 12 pieces.
- 8 Place onto baking tray.
- 9 Cook for 15 – 20 minutes.
- 10 Place on a cooling rack to cool.